

## Asociación Proyectos Educativos y Socioeconómicos Socio Europe

**“Bullying and Human Right - the right to be free from mental, emotional, and physical violence”** it's a 10-days training course (TC) that aims to prevent and intervene in the risks associated with information and communication technologies, more particularly the cases of cyberbullying. It will promote skills and tools that can help the participants with effective strategies and guidelines to reduce bullying and empower community cohesion at schools.

The educational stage is essential in the development of any adolescent. During this period they must learn and integrate new knowledge and values that will be key in their future, but they must also face challenges associated with social relationships with their peers. In addition, in recent years the new development context made possible by ICTs, emerges the need to no longer only address the physical coexistence, but also the cyber-coexistence.

### OBJECTIVES:

- Understanding the new challenges of bullying with the introduction of ICTs.
- To equip and give participants knowledge about prevention of bullying conducts, from the identification to the actions and management of the situation.
- Analyze the European cyberbullying intervention project questionnaire.
- To carry out an effective psycho-educational intervention to reduce both cyber-perpetration and cyber-victimisation.
- Case studies to reflect on real approach of bullying.
- Learn to elaborate action plan to
- To spread information about European Programmes, especially Erasmus+ programmes

The course will be based on practical and active education methods, such as brainstorming, simulations, working in the groups, discussions, role plays and debates. The sessions include indoors and outdoors activities.

**“Bullying and Human Right - the right to be free from mental, emotional, and physical violence”** course is in line with the Erasmus principles, aims to promote social inclusion of every student and spread EU identity among the school communities.

### DATES & VENUE:

There are two dates available, it will take place from 14-23 July 2023 and from 4-13 September in Azores- Portugal and it will involve small groups of participants coming from EU countries.

PARTICIPANTS' PROFILES:

Educators, teachers and professionals of schools education.

For any further information or to register, please contact:

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